

# Gameboxes and mobile devices cause chemical addiction!!!!

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## Gameboxes & mobile devices cause chemical addiction!!!!

Dopamine, Oxytocin, and other brain chemicals are stimulated to a, potentially permanent, addiction state when you, and your kids, use video games, tablets and cell phones!

Have you ever tried to call your kid to dinner while he was playing Gears of War and suddenly have your "sweet innocent baby" whip around, werewolf-like, and snarl at you "YOU WAIT!!!!" with a shocking demon expression on their face? Addiction!

Ever see perfectly normal people walk out into traffic without even considering the likelihood of death because they are glued to their Facebook page? Addiction!

It is now known that these devices set off brain chemicals that cause addiction and that content and device makers exploit these psycho-chemical factors to take your money.

Spy agencies use this addiction to create stress disorder symptoms in the bad guys so that they will be overly stressed and paranoid and make more mistakes that might get them caught. This has now bled over into the whole of society.

Reading the reports, below, you will see the proven, deeply researched university studies that show how electronic devices could be turning us into a nation of madmen. Humans are EASILY addicted to thousands of things. Kids are the MOST EASILY addicted to things. McDonald's founder taught us "get 'em while they are young and you've got 'em for life"; hence the clown, playground and toys at every McDonalds: Addiction generation!

You, and your kids, can get addicted to "checking in" to your social media and experiencing a fake digital society without even knowing it; all the while their ads are slowly flowing into your, now softened-up, brain addiction centers.

Let's discuss...

R- NYT

Contact: Lloyd Morgan, senior science fellow at Environmental Health Trust

Contact: Cris Rowan, a pediatric occupational therapist in British Columbia, Canada and author of *Virtual Child – The terrifying truth about what technology is doing to children*

Contact: Joel Moskowitz, director and principal investigator with The Center for Family and Community Health

Contact: Levi Felix, founder The Digital Detox and director of Camp Grounded

Environmental Health Trust: [Why Parents and Children Should Practice Safe Phone](#)

## [Common Sense Media](#)

Zone'in Programs, Inc.: [Manage technology with healthy living](#)

Moving to Learn: [Exploring the effects of technology on children](#)

Cris Rowan: [Virtual Child: The terrifying truth about what technology is doing to children](#)

Huffington Post: [10 Reasons Why Handheld Devices Should Be Banned for Children Under the Age of 12](#)

SF Gate: [Study: Smartphones are making us bad parents](#)

Consumer Reports: [Most kids 8 to 12 now have cell phones. Should yours?](#)

Pew Research Center: [Teens and Technology 2013](#)

The Atlantic: [Almost 20% of 3rd Graders Have Cell Phones](#)

RF/EMF: [When Experts Disagree, Play it Safe With Children](#)

## [Doubt is Their Product: How Industry's Assault on Science Threatens Your Health](#)

Joel Moskowitz, director and principal investigator with The Center for Family and Community Health

Levi Felix, founder The Digital Detox and director of Camp Grounded

[The Digital Detox - ESSENTIAL READING FOR THIS TOPIC](#)

[Camp Grounded](#)

1.

[What is dopamine? Love, lust, sex, addiction, gambling, motivation ...](#)

Jul 3, 2013 ... So is **dopamine** your cupcake **addiction**? Your gambling? Your alcoholism? Your sex life? The reality is **dopamine** has something to do with all ...

[www.slate.com/articles/health\\_and\\_science/science/2013/07/what\\_is\\_dopamine\\_love\\_lust\\_sex\\_addiction\\_gambling\\_motivation\\_reward.html](http://www.slate.com/articles/health_and_science/science/2013/07/what_is_dopamine_love_lust_sex_addiction_gambling_motivation_reward.html) - [View by kquick Proxy](#) - [Highlight](#)

2.

[Dopamine and Addiction - Serendip - Bryn Mawr College](#)

Often these behaviors can result in **addiction** due their effect on **dopamine**, and that **addiction** can have negative effects on a person's well-being. Two of such ...

[serendip.brynmawr.edu/bb/neuro/neuro05/web1/isiddiqui.html](http://serendip.brynmawr.edu/bb/neuro/neuro05/web1/isiddiqui.html) - [View by kquick Proxy](#) - [Highlight](#)

3.

[The unsexy truth about dopamine | Science | The Observer](#)

Feb 2, 2013 ... **Dopamine** might be the media's neurotransmitter of choice for scare stories about **addiction**, but the reality is rather more nuanced, writes ...

[www.theguardian.com/science/2013/feb/03/dopamine-the-unsexy-truth](http://www.theguardian.com/science/2013/feb/03/dopamine-the-unsexy-truth) - [View by kquick Proxy](#) - [Highlight](#)

4.

[Understanding Addiction - The University of Texas at Austin](#)

One of the neurotransmitters playing a major role in **addiction** is **dopamine**. Many of the concepts that apply to **dopamine** apply to other neurotransmitters as well.

[www.utexas.edu/research/asrec/dopamine.html](http://www.utexas.edu/research/asrec/dopamine.html) - [View by kquick Proxy](#) - [Highlight](#)

5.

[Understanding Addiction: How Addiction Hijacks the Brain](#)

The likelihood that the use of a drug or participation in a rewarding activity will lead to **addiction** is directly linked to the speed with which it promotes **dopamine** ...

[www.helpguide.org/harvard/addiction\\_hijacks\\_brain.htm](http://www.helpguide.org/harvard/addiction_hijacks_brain.htm) - [View by kquick Proxy](#) - [Highlight](#)

6.

[Dopamine addiction | TheDopamineProject.org](#)

**Dopamine Addiction**. Using brain scanning equipment researchers have established that all addictions can be traced to **dopamine**-induced expectations.

[www.dopamineproject.org/dopamine-addiction-da/](http://www.dopamineproject.org/dopamine-addiction-da/) - [View by kquick Proxy](#) - [Highlight](#)

7.

[DrugFacts: Understanding Drug Abuse and Addiction | National ...](#)

In reality, drug **addiction** is a complex disease, and quitting takes more than good ... The result is a brain awash in **dopamine**, a neurotransmitter present in brain ...

[www.drugabuse.gov/publications/drugfacts/understanding-drug-abuse-addiction](http://www.drugabuse.gov/publications/drugfacts/understanding-drug-abuse-addiction) - [View by Ixquick Proxy](#) - [Highlight](#)

8.

### [Are you addicted to love... or sex? Dopamine can make it hard to tell ...](#)

Jan 11, 2013 ... However, the big player is the neurochemical **dopamine**, which begins at the point of that ... So is the answer to treat it like an **addiction**?

[www.nydailynews.com/life-style/health/addicted-love-sex-article-1.1238349](http://www.nydailynews.com/life-style/health/addicted-love-sex-article-1.1238349) - [View by Ixquick Proxy](#) - [Highlight](#)

9.

### [Your Brain on Drugs: Dopamine and Addiction | Going Mental | Big ...](#)

Sep 13, 2010 ... Using addictive drugs floods the limbic brain with **dopamine**—taking it up to as much as five or 10 times the normal level. With these levels ...

[www.bigthink.com/going-mental/your-brain-on-drugs-dopamine-and-addiction](http://www.bigthink.com/going-mental/your-brain-on-drugs-dopamine-and-addiction) - [View by Ixquick Proxy](#) - [Highlight](#)

10.

### [Eradicating Our Dopamine Addiction — Better Humans — Medium](#)

Aug 13, 2013 ... We are becoming **dopamine** addicts and it's making us less productive and less focused.

<https://medium.com/better-humans/c77d0824a385> - [View by Ixquick Proxy](#) - [Highlight](#)

1.

### [Dopamine dysregulation syndrome - Wikipedia, the free encyclopedia](#)

Although the exact mechanism has yet to be elucidated; the role of **dopamine** in the reward system and **addiction** has been proposed as the origin of DDS.

[en.wikipedia.org/wiki/Dopamine\\_dysregulation\\_syndrome](http://en.wikipedia.org/wiki/Dopamine_dysregulation_syndrome) - [View by Ixquick Proxy](#) - [Highlight](#)

2.

### [Neurocircuitry involved in the development of alcohol addiction: the ...](#)

The brain reward system, and especially the mesolimbic **dopamine** pathway, plays a major ... and is most likely involved in the development of drug **addiction**.

[www.ncbi.nlm.nih.gov/pubmed/22094880](http://www.ncbi.nlm.nih.gov/pubmed/22094880) - [View by Ixquick Proxy](#) - [Highlight](#)

3.

### [Substance dependence - Wikipedia, the free encyclopedia](#)

Substance dependence, commonly called drug **addiction**, is a compulsive .... Virtually all drugs causing drug **addiction** increase the **dopamine** release in the ...

[en.wikipedia.org/wiki/Substance\\_dependence](http://en.wikipedia.org/wiki/Substance_dependence) - [View by Ixquick Proxy](#) - [Highlight](#)

4.

### [Addicted: Why Do People Get Hooked? - TIME](#)

May 5, 1997 ... Mounting evidence points to a powerful brain chemical called **dopamine**.

[content.time.com/time/magazine/article/0,9171,986282,00.html](http://content.time.com/time/magazine/article/0,9171,986282,00.html) - [View by Ixquick Proxy](#) - [Highlight](#)

5.

### [Dopamine D2 receptors in addiction-like reward dysfunction and ...](#)

Striatal dopamine D2 receptors (D2Rs) were downregulated in obese rats, as has been reported in humans addicted to drugs. Moreover, lentivirus-mediated ...

[www.nature.com/neuro/journal/v13/n5/full/nn.2519.html](http://www.nature.com/neuro/journal/v13/n5/full/nn.2519.html) - [View by kquick Proxy](#) - [Highlight](#)

6.

### [Why We're All Addicted to Texts, Twitter and Google | Psychology ...](#)

Sep 11, 2012 ... Dopamine makes you addicted to seeking information in an endless loop. By Susan Weinschenk, Ph.D....

[www.psychologytoday.com/blog/brain-wise/201209/why-were-all-addicted-texts-twitter-and-google](http://www.psychologytoday.com/blog/brain-wise/201209/why-were-all-addicted-texts-twitter-and-google) - [View by kquick Proxy](#) - [Highlight](#)

7.

### [Drug addiction and the brain: effects of dopamine on addiction ...](#)

New research on drug addiction and the brain is showing that addiction is a matter of memories, and recovery is a slow process. The effects of dopamine on ...

[www.health.harvard.edu/press\\_releases/drug-addiction-brain](http://www.health.harvard.edu/press_releases/drug-addiction-brain) - [View by kquick Proxy](#) - [Highlight](#)

8.

### [Balance your dopamine to lose weight and beat addiction - Chatelaine](#)

Apr 11, 2013 ... Addicted to food, work, sex, stress? Calm your nerves and beat cravings by naturally regulating your dopamine levels.

[www.chatelaine.com/health/wellness/addicted-to-food-sex-stress-it-may-be-a-dopamine-imbalance/](http://www.chatelaine.com/health/wellness/addicted-to-food-sex-stress-it-may-be-a-dopamine-imbalance/) - [View by kquick Proxy](#) - [Highlight](#)

9.

### [Addiction & Learning: More Than Glutamate and Dopamine ...](#)

Sep 14, 2010 ... "Addiction is a brain disease," Alan Leshner declared in Science in 1997. Back then it was dopamine the magical molecule that explained ...

[blogs.plos.org/neuroanthropology/2010/09/14/addiction-learning-more-than-glutamate-and-dopamine/](http://blogs.plos.org/neuroanthropology/2010/09/14/addiction-learning-more-than-glutamate-and-dopamine/) - [View by kquick Proxy](#) - [Highlight](#)

10.

### [Could Dopamine be the Most Evil Chemical in the World ...](#)

Oct 3, 2011 ... You are, in fact, addicted to the dopamine and its effects. From this notion, it seems obvious that one could imagine addiction in every single ...

[www.chemistryviews.org/details/ezone/1340629/Could\\_Dopamine\\_be\\_the\\_Most\\_Evil\\_Chemical\\_in\\_the\\_World.html](http://www.chemistryviews.org/details/ezone/1340629/Could_Dopamine_be_the_Most_Evil_Chemical_in_the_World.html) - [View by kquick Proxy](#) - [Highlight](#)

1.

### [The dark side of oxytocin, much more than just a "love hormone ...](#)

Nov 29, 2010 ... Describing oxytocin as the "hormone of love" is like describing a computer ... The list goes on: drug addiction, generosity, depression, empathy, ...

[blogs.discovermagazine.com/notrocketscience/2010/11/29/the-dark-side-of-oxytocin-much-more-than-just-a-love-hormone/](http://blogs.discovermagazine.com/notrocketscience/2010/11/29/the-dark-side-of-oxytocin-much-more-than-just-a-love-hormone/) - [View by kquick Proxy](#) - [Highlight](#)

2.

### [Lisa Copeland: Ladies, Are You Addicted To Love? - Huffington Post](#)

Apr 30, 2013 ... So was Sandy really in love or was she addicted to Jeff? More than likely, it was the chemical addiction to **Oxytocin** that occurs when a woman ...

[www.huffingtonpost.com/lisa-copeland/oxytocin-ladies-addicted-to-love\\_b\\_3156757.html](http://www.huffingtonpost.com/lisa-copeland/oxytocin-ladies-addicted-to-love_b_3156757.html) - [View by Ixquick Proxy](#) - [Highlight](#)

3.

### [Oxytocin - Wikipedia, the free encyclopedia](#)

**Oxytocin** (Oxt) /ˌɒksiˈtoʊsɪn/ is a mammalian neurohypophysial hormone ..... **oxytocin** inhibits the development of tolerance to various addictive drugs ...

<https://en.wikipedia.org/wiki/Oxytocin> - [View by Ixquick Proxy](#) - [Highlight](#)

4.

### [The chemistry of love: Oxytocin may drive monogamy in relationships](#)

Nov 25, 2013 ... The answer may lie in a steady diet of **oxytocin** that triggers dopamine, a neurotransmitter associated with reward, motivation and **addiction**, ...

[articles.latimes.com/2013/nov/25/science/la-sci-sn-oxytocin-monogamy-20131125](http://articles.latimes.com/2013/nov/25/science/la-sci-sn-oxytocin-monogamy-20131125) - [View by Ixquick Proxy](#) - [Highlight](#)

5.

### [Oxytocin and Addiction - Oxytocin Central.com](#)

March 17, 2013 **Oxytocin** and **Addiction** Comments Off ... Chemical use and **addiction** is intimately involved with hormone production, and neurotransmitter ...

[www.oxytocincentral.com/category/oxytocin-and-addiction/](http://www.oxytocincentral.com/category/oxytocin-and-addiction/) - [View by Ixquick Proxy](#) - [Highlight](#)

6.

### [11 Interesting Effects of Oxytocin | LiveScience](#)

Dec 3, 2010 ... A stream of studies in the last decade have revealed **oxytocin's** effects on body and mind. Here's what we've learned.

[www.livescience.com/35219-11-effects-of-oxytocin.html](http://www.livescience.com/35219-11-effects-of-oxytocin.html) - [View by Ixquick Proxy](#) - [Highlight](#)

7.

### [Breaking the loop: Oxytocin as a potential treatment for drug addiction](#)

The idea that **oxytocin** may be involved in **addiction**-relevant behaviors has been discussed for many years (e.g. Kovacs et al., 1998 and Samyai and Kovacs, ...

[www.sciencedirect.com/science/article/pii/S0018506X11002765](http://www.sciencedirect.com/science/article/pii/S0018506X11002765) - [View by Ixquick Proxy](#) - [Highlight](#)

8.

### [Breaking the loop: oxytocin as a potential treatment for drug addiction.](#)

Horm Behav. 2012 Mar;61(3):331-9. doi: 10.1016/j.yhbeh.2011.12.001. Epub 2011 Dec 14. Breaking the loop: **oxytocin** as a potential treatment for drug ...

[www.ncbi.nlm.nih.gov/pubmed/22198308](http://www.ncbi.nlm.nih.gov/pubmed/22198308) - [View by Ixquick Proxy](#) - [Highlight](#)

9.

### [Why Women Sometimes Become Addicted to Abusive Partners ...](#)

Mar 17, 2011 ... **Oxytocin** is highly addictive. Some scientists even describe **oxytocin** as being more addictive than heroin. And — although it doesn't have all ...

[cafephilos.wordpress.com/2011/03/17/why-women-sometimes-become-addicted-to-abusive-partners/](http://cafephilos.wordpress.com/2011/03/17/why-women-sometimes-become-addicted-to-abusive-partners/) - [View by Ixquick Proxy](#) - [Highlight](#)

10.

### [OXYTOCIN AND ADDICTION: A REVIEW - TwitDoc.com](#)

2 Laboratory of Neuroendocrinology and Laboratory of Biology of Addictive ... addiction. **Oxytocin** (OXT), a neurohypophyseal neuropeptide synthesized in the ...

[www.twitdoc.com/upload/cs33ca/oxytocine-et-dependance.pdf](http://www.twitdoc.com/upload/cs33ca/oxytocine-et-dependance.pdf) - [View by kquick Proxy](#) - [Highlight](#)

1.

### ['Cuddle Chemical' Oxytocin Relieves Alcohol Withdrawal | TIME.com](#)

Oct 15, 2012 ... Indeed, in rodents, **oxytocin** can successfully fight unpleasant alcohol and heroin withdrawal symptoms. And if given before the addiction even ...

[healthland.time.com/2012/10/15/cuddle-chemical-oxytocin-relieves-alcohol-withdrawal/](http://healthland.time.com/2012/10/15/cuddle-chemical-oxytocin-relieves-alcohol-withdrawal/) - [View by kquick Proxy](#) - [Highlight](#)

2.

### [The two faces of oxytocin - American Psychological Association](#)

Given **oxytocin's** connection to such life-affirming activities as maternal behavior, lactation, selective social bonding and sexual pleasure, researchers have been ...

[www.apa.org/monitor/feb08/oxytocin.aspx](http://www.apa.org/monitor/feb08/oxytocin.aspx) - [View by kquick Proxy](#) - [Highlight](#)

3.

### [Sexual Addiction - The Naked Scientists](#)

If someone regularly has unprotected sex and the semen regularly triggers **Oxytocin** then she will become addicted to **Oxytocin** which she can ...

[www.thenakedscientists.com/forum/index.php?topic=48495.0](http://www.thenakedscientists.com/forum/index.php?topic=48495.0) - [View by kquick Proxy](#) - [Highlight](#)

4.

### [Dopamine, Oxytocin, Rewards, and Bonding :: DNA Learning Center](#)

Doctor Larry Young discusses how dopamine and **oxytocin** interact in the ... that the same neurobiological processes may underlie drug addiction and bonding.

[www.dnalc.org/view/2384-Dopamine-Oxytocin-Rewards-and-Bonding.html](http://www.dnalc.org/view/2384-Dopamine-Oxytocin-Rewards-and-Bonding.html) - [View by kquick Proxy](#) - [Highlight](#)

5.

### [Cognition | Research Topics - Frontiers](#)

Mechanisms of well-adjusted and disordered self-soothing: From **Oxytocin** and Thermo-Regulation to **Addiction** and Emotional Coping. SpecialTopic Image.

[www.frontiersin.org/cognition/researchtopics/mechanisms\\_of\\_well-adjusted\\_an\\_1/1627](http://www.frontiersin.org/cognition/researchtopics/mechanisms_of_well-adjusted_an_1/1627) - [View by kquick Proxy](#) - [Highlight](#)

6.

### [The Neurochemistry of Sex - Health - Science - Spirit](#)

When we first fall in love we become bonded by rising PEA, **oxytocin** and ... try to prop up our dopamine level by becoming addicted to some kind of food or drug, ...

[www.health-science-spirit.com/neurosex.html](http://www.health-science-spirit.com/neurosex.html) - [View by kquick Proxy](#) - [Highlight](#)

7.

### [Lust & Love Hormones: Dopamine & Oxytocin - RHEG](#)

No wonder it's the hormone that causes addiction: when the body releases a high dosage of dopamine, it will take hours, days or weeks, before it gets back to its ...

[raymondinegypt.tripod.com/articles-04/love-chemistry.htm](http://raymondinegypt.tripod.com/articles-04/love-chemistry.htm) - [View by kquick Proxy](#) - [Highlight](#)

8.

### [Oxytocin, chemical addiction and the science of love - oxytocin . org](#)

the science of love. Scientists are finding that, after all, love really is down to a chemical **addiction** between people. OVER the course of history it has been artists, ...

www.oxytocin.org/oxytoc/love-science.html - [View by kquick Proxy](#) - [Highlight](#)

9.

### [Are You a Sex Addict? - WebMD](#)

"For women vulnerable to **addiction**, the post-intercourse release of the bonding hormone **oxytocin**, coupled with the dopamine high triggered by the sex act, can ...

www.webmd.com/sex-relationships/features/are-you-a-sex-addict - [View by kquick Proxy](#) - [Highlight](#)

10.

### [What Does Meth Research Have to Do With Addiction and Autism ...](#)

Dec 21, 2010 ... The hormone **oxytocin** — known as the "love drug" or "cuddle chemical" — plays an important role in pair-bonding, child-rearing and social ...

healthland.time.com/ 2010/ 12/ 21/ what-does-meth-research-have-~~to~~-do-with-**addiction**-and-autism-treatment-its-oxytocin/ - [View by kquick Proxy](#) - [Highlight](#)